



Changing the world

by helping *Women*
and *Children*
to **take their full place**



Our two axes of Mission

Change the world

By helping women to take their place and to become aware of their value. Highlighting their gifts and talents, based on the principle that every woman has something exceptional in her to offer to the world. A gift, a resource... and if she and if she goes to meet it and discover it and align her life with it, all the doors to all her dreams open to her, leaving room for her expansion.



*Education is the most powerful weapon
that can be used to change the world*

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Nelson Mandela

To accompany each child, teenager or young adult, between 3 and 21 years old to reconnect to his or her deepest nature: his or her uniqueness, humanity their uniqueness, their humanity, their joy, their creativity, their gifts, their freedom of thought and action, their magic, their values, their functioning and their place in the community.

We support projects of individual accompaniment, workshops, conferences workshops, conferences and other activities that go in this direction.

We also propose reports that create powerful triggers for women in order to make them aware of their value.

The Foundation's values

Contribution and transmission

The purpose of this foundation is to contribute, together, to something "bigger than ourselves".

That each person who has participated in one of the activities supported by the foundation can in turn pass on to pass it on to others. From then on, a passing of the baton is created, an endless chain where:

- I receive, I give
- I grow, I make others grow

A virtuous circle to work in one's zone of genius and sublimate humanity.
The approach initially centered on a better knowledge of oneself then becomes altruistic.

Experience

Experience is, in our opinion, one of the most effective forms of transmission.

On two levels,

1. Promoting learning through experiences.
2. Sharing one's own experience rather than knowledge accumulated in books.

"A student retains: 10% of what he reads; 20% of what he hears; 30% of what he sees; 50% of what he sees and hears; 70% of what he says; 90% of what he does."

Freedom and autonomy

Promote freedom and autonomy for each individual. To allow them to think for themselves and to free themselves from any belief, projection, expectation that takes them away from their deep nature to make them more responsible to take their place in this world.

Faith, resilience and service

Cultivate faith, resilience and the notion of being at the service of a better world, the planet and the planet and one's neighbor.

Fun

Fun, pleasure, joy, flow, simplicity, amusement, humor are the foundations of our learning context.

Revelation and deployment

Helping each person to reveal and deploy their abilities, their gifts, their natural talents are the foundations of our approach. To help them understand their value and the usefulness of their presence on earth, what is their contribution to humanity. To make them aware of their own truth, to help them to surpass themselves, to use their creativity, to know their resources in order to rely on them to lead a life full of meaning and a life filled with meaning and abundance.

The reasons for the Foundation's existence

To highlight the gifts and talents of each woman, based on the premise that each of them has something that each of them has something exceptional to offer the world. A gift, a resource... and if she goes to meet it and discover it and align her life with it, all the doors to all her dreams open up to her, leaving room for her full and expansion.

To allow young people to benefit from a different and complementary approach to traditional education.

To help them grow by opening up all possibilities, with an innovative approach that cultivates harmony within them.

To allow everyone to know each other better in order to communicate better.

To transmit to everyone the love of oneself for an alignment body-heart-soul and to respect each one in its difference and its uniqueness.

To allow more equality, so that everyone has the same tools.

To prepare each one on 3 axes:

- Inner path towards a better knowledge of oneself
- Better connection to others
- Connection to nature

The Foundation's vision and ideals

Where does our mission take place:

- Around the world, that the foundation be recognized as a partner in personal and altruistic growth in the development of women and for youth
- In classrooms: Awareness workshops (short duration) dealing with topics such as: answering questions from youth, introduction to personal development, collaboration, co-creation, being a life coach, ...
- In places belonging to the foundation: meeting and sharing space, support, in-depth courses, at conferences and in our reports

How:

- We wish to accompany women to take their full power so that they can have their place in society and that they can bring their stone to light for a better world. bring their stone to the building for a better world.
- Build a network of communities to sow good seeds in each one and that each one transmits them in turn. To sensitize and educate the actors of this world.

We wish to allow young people to :

Stimulate their creativity, develop the ability to let go, self-confidence, the audacity to the autonomy to think, act and be.

To sensitize them to ecology, to a better listening of themselves, to find an inner security in order to be guided by joy rather than fear are also part of our also part of our objectives.

What needs does the Foundation address? What is its impact?

Where does our mission fit in?

We want the foundation to respond to the lack of direction or meaning one may feel as a child or as a woman.

That women and young people can reconnect to their soul, their joy and their inner resources, to be enlightened about their blocks and limiting beliefs and to find hope. That they realize and accept their differences and can step out of the framework in which they might feel trapped to bring out the best in themselves.

To have faith in oneself, in Life. Learn to listen to one's intuition and trust oneself, dare to act according to one's own convictions in order to blossom, to be happy in one's life. Learn to live according to the natural laws of Life by being inspired by Nature.

We hope that the foundation can change the world by helping women to fully take their place, to be aware of their value and to put them forward in a true spirit of listening, exchange and solidarity.

Women have a major role to play in raising awareness and building a better world!

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Nelson Mandela

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We remain at your disposal for any questions.

